

INDIVIDUAL ENTRY FORM - One person per form. Please print.

RELEASE OF LIABILITY (page 2) must be signed or entry will NOT be processed.

First _____ MI _____ Last _____ Have you entered **Polk Senior Games** before? yes no

January Address _____ City _____ State _____ Zip _____ Phone _____ - _____ - _____

October Address _____ City _____ State _____ Zip _____ Phone _____ - _____ - _____

Birth Date (m/d/y) _____ / _____ / _____ Age you **WILL BE on** December 31, **2010** _____ Gender: Male Female T-Shirt: M L XL XXL XXXL
(If in doubt, go larger)

Emergency Contact & Phone (required) _____ (_____) - _____ - _____ Your Email _____

Do you live in a senior community? Which one? _____ Will you attend the Closing Celebration on Sunday, March 14? _____

BADMINTON

____ Singles
____ Doubles
____ Partner _____
____ Mixed Doubles
____ Partner _____

BASKETBALL SHOOTING

____ Free Throws
____ Spot Field Goals
____ Timed Field Goals

BILLIARDS

____ Eight Ball
____ Nine Ball, Men Only

BOCCE

____ Partner _____

BOWLING

____ Singles
____ Doubles
____ Partner _____
____ Mixed Doubles
____ Partner _____

BRIDGE

____ Duplicate
____ Partner _____
____ Party
____ Partner _____

CHECKERS

CHESS

CRIBBAGE

____ Singles
____ Doubles (partners assigned)

DANCING

____ Twist (no partner) **Free w/1 other *entry**
____ Electric Slide (no partner) *
____ Boot Scootin' Boogie (no partner) *
____ Freestyle (no partner) *
Dancing continued on next column

DANCING continued

____ Cha Cha *
____ Country Two Step *
____ Foxtrot *
____ Jitterbug *
____ Polka *
____ Rumba *
____ Swing *
____ Tango *
____ Waltz *
____ Partner _____

DARTS

____ **EUCHRE** (partners assigned)

FIELD EVENTS

____ Discus _____ Long Jump _____
____ High Jump _____ Shot-put _____
____ Javelin _____ Softball Throw _____
____ _____ Triple Jump _____

FISHING

GOLF

____ 18-Hole
____ Putt & Chip

HORSESHOES

LAWN BOWLING

____ Partner _____
____ **PEPPER** (partners assigned)

PICKLEBALL

____ Singles
____ Doubles
____ Partner _____
____ Mixed Doubles
____ Partner _____

POWERLIFTING

____ Bench Press – Raw / Unequipped
____ Dead Lift – Raw / Unequipped
____ Your Weight _____

PUNT, PASS, & KICK

RACQUETBALL

____ Singles
____ Doubles
____ Partner _____

ROAD RACE 5K

SCRABBLE

SENIOR SMARTS

SHOOTING

____ Skeet
____ Trap

SHUFFLEBOARD

____ Singles
____ Doubles
____ Partner _____

SWIMMING - Masters Recog #140-001R

Day 1 - Choose up to 5 events per day

____ 200 Yd Freestyle
____ 50 Yd Backstroke
____ 100 Yd Breaststroke
____ 100 Yd Butterfly
____ 100 Yd Individual Medley
____ 50 Yd Breaststroke
____ 500 Yd Freestyle

Day 2 - Choose up to 5 events per day

____ 200 Yd Breaststroke
____ 50 Yd Freestyle
____ 100 Yd Backstroke
____ 50 Yd Butterfly
____ 200 Yd Individual Medley
____ 100 Yd Freestyle
____ 200 Yd Backstroke

TABLE TENNIS

____ Singles
____ Doubles
____ Partner _____
____ Mixed Doubles
____ Partner _____

TENNIS - Choose up to two events

____ Singles
____ Doubles
____ Partner _____
____ Mixed Doubles
____ Partner _____

TRACK

____ 50 Meter _____ 400 Meter
____ 100 Meter _____ 800 Meter
____ 200 Meter _____ 1500 Meter

WALKING

____ 1500 Meter
____ 5000 Meter

INDIVIDUAL ENTRY FEES

Each item checked counts as an event.

1 event - \$10 5 events - \$22
2 events - \$13 6 events - \$25
3 events - \$16 7+ events - \$28
4 events - \$19

Entry Fees _____

Additional Fees

Bowling Fee (\$3 per event) _____
18-Hole Golf Fee (\$25) _____
Shooting Fee (\$5 per event) _____

TOTAL _____

TEAM EVENTS - Indicate Team Name.
Team Manager submits Team Entry Form & fee.

BASKETBALL 3 on 3

Team Name _____

SOFTBALL

Team Name _____

SQUARE DANCE

Team Name _____

**READ & SIGN RELEASE OF LIABILITY ON
PG 2 OR ENTRY WILL NOT BE PROCESSED**